Hiking Level 2 - Lesson Plan

Key Points to Cover:

1 – Equipment

2 – Clothing

3 – Pack or pack frame

4 – A checklist

5 – Sleeping bag

6 – Tent

7 – Stove

8 – 7 things you need to plan for

Supplies Suggested:

Bring examples different items in this unit and explain to the group what to look for and why it is important when hiking or backpacking.

Activities to Reinforce Lesson:

Plan and take a hike of at least 2 days.

Devotion: