Test Level 1 Cycling

Name: _____

1. What are the three different types of bikes?
    a.
    b.
    c.

2. What are the 4 major requirements for bike equipment?
    a.
    b.
    c.
    d.

3. What are 5 of the additional items you may need for cycling?
    a.
    b.
    c.
    d.
    e.
4.
5. How do you go up a hill?

6. How do you go down a hill?

7. Why should you wear bright clothes?