Canoeing Level 1 - Lesson Plan

Key Points to Cover:

1 – Parts of a canoe

2 – Parts of a paddle

3 – Water and canoe Safety

4 – Forward Paddle a canoe

Supplies Suggested:

Bring in paddles and a canoe.

If you can't bring in the canoe, use a table or a wide plank between two chairs.

Activities to Reinforce Lesson:

Have boys sit in the canoe or on the plank to practice paddling a canoe. It is always best to practice on land before going out on the water.

Devotion: