Test Level 1 Cooking in the Home

Name: _____

- Plan and prepare the main evening meal
    - Preparation must include the usage of the stove and oven
    - All foods must be prepared from scratch
    - Must include the 3 basic food groups
        - Starch
        - Vegetable
        - Meat or protein

A parent or guardian listed below verifies that the Pioneer has successfully completed the above .

Name _____

Signature _____ Date ___/___/_____

Below is for Pioneer Leader Use Only

Pass ____ Fail ____