Hiking Level 1 - Lesson Plan

Key Points to Cover:

1 – What is Hiking

2 – Planning – 12 things to bring

3 – Planning

4 – On the trail

5 – 8 rules to follow on the trail

Supplies Suggested:

Bring examples different backpacks and the items to go in the pack.

Maps of different state and national parks, state forests and trails.

Activities to Reinforce Lesson:

Devotion: