Camp Cooking Level 3 - Lesson Plan

Key Points to Cover:

1. Pack a dinner for a backpacking wilderness trip. (Pages 17-19)
2. Prepare and cook a one-pot meal over a one-burner camp stove. (Pages 19-20)
3. Construct and use a reflector oven. (pages 21-23)
4. Build a cooking fire and regulate the temperature of the fire from 300 - 400 F. (Pages 15-16)

Supplies Suggested:

Camp Stove and pots.

Freeze dried food for backpacking

Backpack to show space requirements.

Activities to Reinforce Lesson:

Devotion: