

COOKING AT HOME

Why spend money on what is not bread, and your labor on what does not satisfy? Listen, listen to me, and eat what is good, and your soul will delight in the richest of fare. (Isaiah 55:2)

What meal would you like to cook? What ingredients are needed? How much does it cost to buy all the ingredients? How long does it take to prepare all the food by slicing and dicing it? How much of each ingredient goes into the recipe? How long does it take to cook? These are all important questions when it comes to cooking. There is a lot of planning and preparing that goes into making a meal.

The Lord through the prophet Isaiah is also talking about a meal. But he is not talking about food that fills our stomachs, he is talking about spiritual food that fills our souls. Listen again to what God says, **listen to me and eat what is good.** What God tells us in his Word is good for us. It is good to sit down and eat a meal on a regular basis – it fact it is necessary for our bodies to grow and stay strong. It is even better for us to sit down at home and at church to hear the message of God in his Holy Word.

The message of God in in his Word is there to delight our souls. God tells us plainly in his Word that we are sinners you deserve to be punishment for our sins now and forever in hell. There's no delight, no joy, in that message, is there?! However, the Lord also proclaims in his Word that Jesus has paid for all of those sins. He took our punishment upon himself when he suffered and died on the cross. And although we are sad that Jesus had to die, we are also glad that because of his death we have spiritual life here on earth and everlasting life in heaven waiting for us. This was all part of God's plan for you and everyone when he sent his Son Jesus to save the world.

What a great message of joy we have in Jesus! This food of God is even better than the best meal you have ever eaten. This food of God feeds and satisfies our souls now and always.

THE PRAYER:

We give thanks to you, Lord Jesus, for the food that you provide for our bodies in your goodness and love. We also thank you for the spiritual food you provide for our souls through your love and forgiveness. Continue to speak to us in your Holy Word. Continue to give us the willingness to listen to your Word and to delight in it. Amen.