

SWIMMING

SWIM, NOT SINK

***Save me, O God, for the waters have come up to my neck.
I sink in the miry depths, where there is no foothold.
I have come into the deep waters; the floods engulf me.***
(Psalm 69:1-2)

How many of you love to swim. I know some people who would stay in the water all day long if they could. They love the water that much. However, I don't know anybody who would love to sink into the water and drown. But that is exactly how David felt from a spiritual standpoint. Because of the constant attacks of his enemies David felt like he was stuck in **the miry depths**, sunk into **the deep waters**, and swallowed up by **the floods**.

Have you ever felt like that? Have you ever met someone who felt like it was sink or swim time in their life? David knew Who would buoy him up in life and so do you: **Save me, O God. . . . I pray to you, O LORD. . . . Answer me, O LORD, out of the goodness of your love. . . . May your salvation, O God, protect me. . . . The LORD hears the needy and does not despise his captive people.**

Nobody loves to have problems in life. But that is just a fact of life in a sin filled world. David had his problems. Job had his problems. Your parents have problems. Your friends have problems. You have problems. We also have the answer to all of our problems – Jesus Christ. He rescued us sin and Satan, from death and damnation. And he promises to continue to rescue us and be our Great Life Guard.

THE PRAYER:

What wondrous love is this, O my soul, O my soul!
What wondrous love is this, O my soul!
What wondrous love is this that caused the Lord of bliss
To bear the dreadful curse for my soul, for my soul,
To bear the dreadful curse for my soul!

When I was sinking down, sinking down, sinking down,
When I was sinking down, sinking down,
When I was sinking down beneath God's righteous frown,
Christ laid aside his crown for my soul, for my soul,
Christ laid aside his crown for my soul.

To God and to the Lamb I will sing, I will sing;
To God and to the Lamb I will sing;
To God and to the Lamb, who is the great I Am,
While millions join the theme, I will sing, I will sing,
While millions join the theme, I will sing. Amen. (CW #120)

